



Welcome

- What is Jigsaw?
- What is SRE?
- What is our approach at Avonwood?
- What is taught in each year group?





What is Jigsaw?

A programme written by teachers designed to support whole school, consistent approaches to PSHE (personal, social, health and economic education) teaching and learning.





What is Sex and Relationships Education?

- “It is lifelong learning about physical, moral and emotional development.
- It is about the understanding of the importance of stable and loving relationships for family life, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health.
- It is not about the promotion of sexual activity – this would be inappropriate teaching.”

Department for Children, School and Families, SRE Guidance, 2000

- The Department of Health set out its ambition for all children and young people to receive high quality sex and relationships education in the **Sexual Health Improvement Framework (2013)**
- While the Department for Education’s paper **The Importance of Teaching (2010)** highlighted that ‘Children need high quality sex and relationships education so they can make wise and informed choices’.





- DfE Statutory guidance - 2021
- Relationship Education – Statutory
- Health Education – Statutory
- Sex Education – non-statutory in Primary School



What was your experience of SRE?



Consider;

- Was the information accurate?
- Were there any myths?
- Did anything you hear frighten you?
- Did you understand it all?



Today's considerations ...

- The internet
- Television
- Social media
- Other media
- Friends
- Family
- School



Instagram



facebook



TikTok



What does OFSTED say?

“The purpose of SRE is to assist young people to prepare for adult life by supporting them through their physical, emotional and moral development, and helping them to understand themselves, respect others and form and sustain healthy relationships.”



United Learning
The best in everyone™

■ Ambition ■ Confidence ■ Creativity ■ Respect ■ Enthusiasm ■ Determination

What SRE can achieve for children



Science and PSHE – what's the difference?

Science Key Stage 1

- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- notice that animals, including humans, have offspring which grow into adults

PSHE Key Stage 1

- The names for the main parts of the body (including external genitalia) the similarities and difference between boys and girls
- **how to maintain physical, mental and emotional health and well-being**
- **how to manage risks to physical and emotional health and well-being**
- **ways of keeping physically and emotionally safe**
- **about managing change, such as puberty, transition and loss**
- **how to make informed choices about health and well-being and to recognise sources of help with this**



Foundation



Weekly Celebration	Pieces	Learning Intentions
Understand that everyone is unique and special	1. My Body	I can name parts of the body
Can express how they feel when change happens	2. Respecting My Body	I can tell you some things I can do and foods I can eat to be healthy
Understand and respect the changes that they see in themselves	3. Growing Up	I understand that we all grow from babies to adults
Understand and respect the changes that they see in other people	4. Fun and Fears Part 1	I can express how I feel about moving to Year 1
Know who to ask for help if they are worried about change	5. Fun and Fears Part 2	I can talk about my worries and/or the things I am looking forward to about being in Year 1
Are looking forward to change	6. Celebration	I can share my memories of the best bits of this year in Reception

Year 1



Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfE 2000)
Understand that everyone is unique and special	1. Life cycles	I am starting to understand the life cycles of animals and humans
Can express how they feel when change happens	2. Changing Me	I can tell you some things about me that have changed and some things about me that have stayed the same
Understand and respect the changes that they see in themselves	3. My Changing Body	I can tell you how my body has changed since I was a baby
Understand and respect the changes that they see in other people	4. Boys' and Girls' Bodies Assessment Opportunity ★	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina
Know who to ask for help if they are worried about change	5. Learning and Growing	I understand that every time I learn something new I change a little bit
Are looking forward to change	6. Coping with Changes	I can tell you about changes that have happened in my life



Year 2



Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)
Understand that everyone is unique and special	1. Life Cycles in Nature	I can recognise cycles of life in nature
Can express how they feel when change happens	2. Growing from Young to Old	I can tell you about the natural process of growing from young to old and understand that this is not in my control
Understand and respect the changes that they see in themselves	3. The Changing Me	I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old
Understand and respect the changes that they see in other people	4. Boys' and Girls' Bodies Assessment Opportunity ★	I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of my body are private
Know who to ask for help if they are worried about change	5. Assertiveness	I understand there are different types of touch and can tell you which ones I like and don't like
Are looking forward to change	6. Looking Ahead	I can identify what I am looking forward to when I am in Year 3





Science and PSHE – what's the difference?

Science Key Stage 2

- describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals
- describe the changes as humans develop to old age
- learn about the changes experienced in puberty

PSHE Key Stage 2

- how their body will change as they approach and move through puberty
- about human reproduction
- **how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts**
- **how to recognise and manage emotions within a range of relationships**
- **how to recognise risky or negative relationships including all forms of bullying and abuse**
- **how to respond to risky or negative relationships and ask for help**
- **how to respect equality and diversity in relationships**



Year 3



Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)
Understand that everyone is unique and special	1. How Babies Grow	I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby
Can express how they feel when change happens	2. Babies	I understand how babies grow and develop in the mother's uterus I understand what a baby needs to live and grow
Understand and respect the changes that they see in themselves	3. Outside Body Changes	I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies I can identify how boys' and girls' bodies change on the outside during this growing up process
Understand and respect the changes that they see in other people	4. Inside Body Changes Assessment Opportunity ★	I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up
Know who to ask for help if they are worried about change	5. Family Stereotypes	I can start to recognise stereotypical ideas I might have about parenting and family roles
Are looking forward to change	6. Looking Ahead	I can identify what I am looking forward to when I am in Year 4



Year 4



Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)
Understand that everyone is unique and special	1. Unique Me	I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm
Can express how they feel when change happens	2. Having a Baby	I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby
Understand and respect the changes that they see in themselves	3. Girls and Puberty	I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this
Understand and respect the changes that they see in other people	4. Circles of Change	I know how the circle of change works and can apply it to changes I want to make in my life
Know who to ask for help if they are worried about change	5. Accepting Change	I can identify changes that have been and may continue to be outside of my control that I learnt to accept
Are looking forward to change	6. Looking Ahead Assessment Opportunity ★	I can identify what I am looking forward to when I am in Year 5



Year 5



Understand that everyone is unique and special	1. Self and Body Image	I am aware of my own self-image and how my body image fits into that
Can express how they feel when change happens	2. Puberty for Girls	I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally
Understand and respect the changes that they see in themselves	3. Puberty for boys	I can describe how boys' and girls' bodies change during puberty
Understand and respect the changes that they see in other people	4. Conception	I understand that sexual intercourse can lead to conception and that is how babies are usually made I also understand that sometimes people need IVF to help them have a baby
Know who to ask for help if they are worried about change	5. Looking Ahead 1 Puzzle Outcome: Change Cards	I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent)
Are looking forward to change	6. Looking Ahead 2	I can identify what I am looking forward to when I move to my next class.





Understand that everyone is unique and special	1. My Self Image	I am aware of my own self-image and how my body image fits into that
Can express how they feel when change happens	2. Puberty	I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally
Understand and respect the changes that they see in themselves	3. Babies: Conception to Birth Assessment Opportunity 📌	I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born
Understand and respect the changes that they see in other people	4. Boyfriends and Girlfriends	I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend
Know who to ask for help if they are worried about change	5. Real self and ideal self	I am aware of the importance of a positive self-esteem and what I can do to develop it
Are looking forward to change	6. The Year Ahead	I can identify what I am looking forward to and what worries me about the transition to secondary school /or moving to my next class.

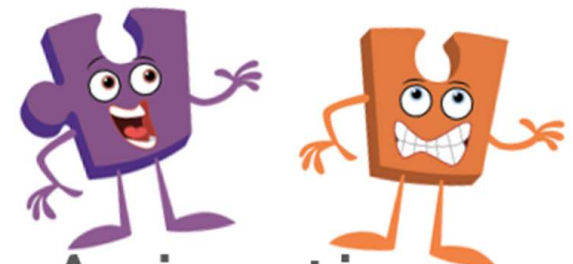
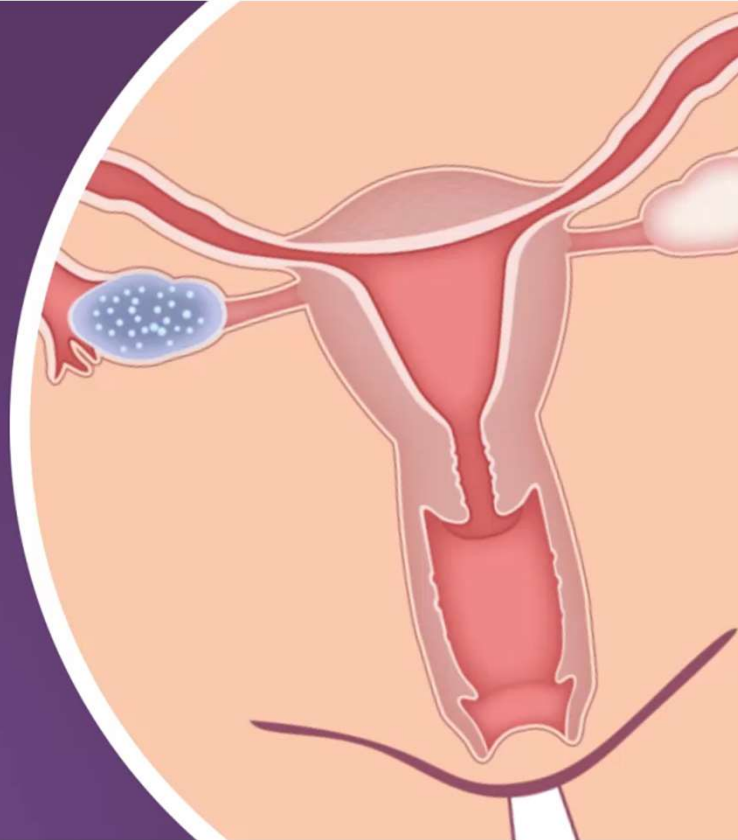


Year 3 and 4 - menstruation



Introducing

The Female Reproductive System



Animations



United Learning
The best in everyone™

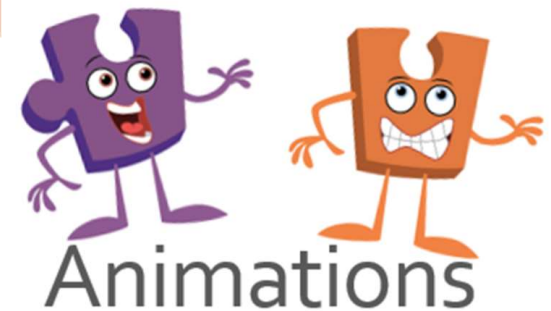
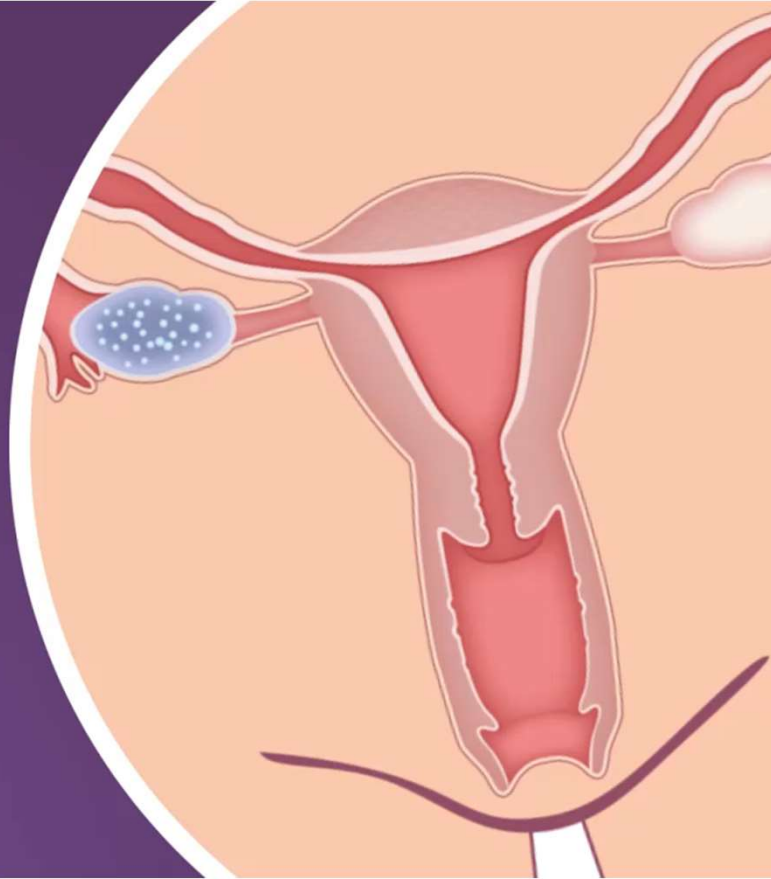
- Ambition
- Confidence
- Creativity
- Respect
- Enthusiasm
- Determination

Year 5 and 6 – fertilisation and menstruation



Introducing

The Female Reproductive System



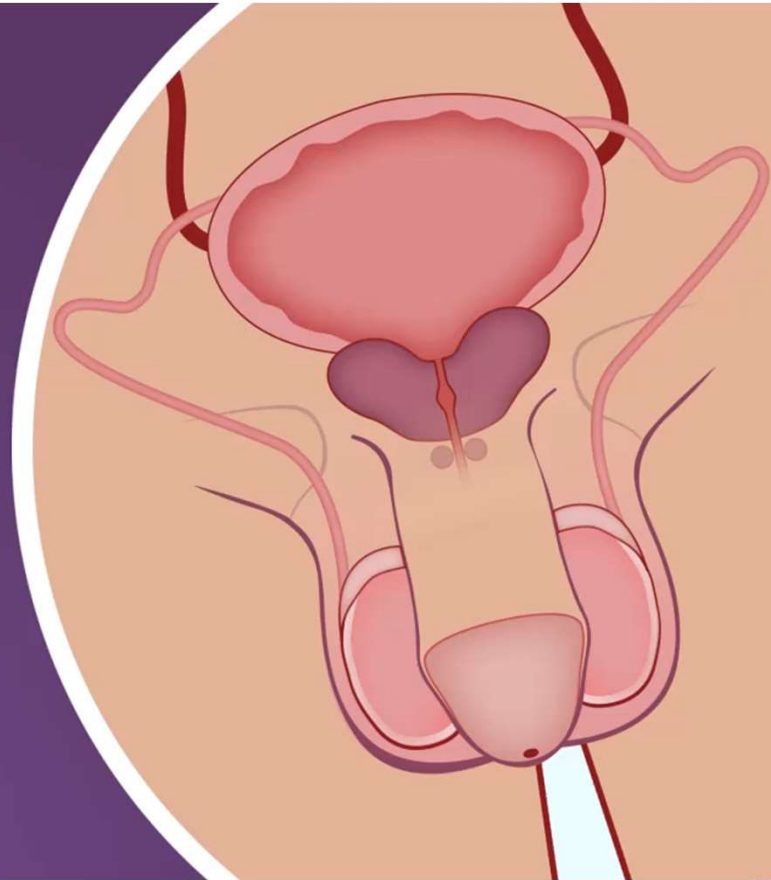
United Learning
The best in everyone™

- Ambition
- Confidence
- Creativity
- Respect
- Enthusiasm
- Determination



Introducing

The Male Reproductive System



United Learning
The best in everyone™

- Ambition
- Confidence
- Creativity
- Respect
- Enthusiasm
- Determination



Friday – PANTS day

- [PANTS resources for schools and teachers | NSPCC Learning](#)
- We will be teaching our 'Changing Me' topic **Monday 3rd July – Friday 7th July**
- The Friday will then be 'PANTS' awareness day – a scheme run by the NSPCC to raise awareness and help keep children safe



Any questions?



Questions

